

Why Play Bridge?



Bridge stimulates the brain. Research has shown that regular bridge playing improves reasoning skills and long- and short-term memory.

Bridge is social. A game of bridge involves communication and cooperation with your partner. There's a special camaraderie among bridge players that develops from the social setting and friendly competition. Even online, you can spend time playing bridge with friends — many players today are using a combination of Zoom and online bridge to stay connected.

Bridge is fun! Bridge will never bore you. There are more than 750 trillion possible hands, so you'll see something new every time you play. Its never-ending challenges will give you a feeling of accomplishment, win or lose.