

## Why Play Bridge?

**Bridge stimulates the brain.** Research has shown that regular bridge playing improves reasoning skills and long- and short-term memory.

**Bridge is social.** A game of bridge involves communication and cooperation with your partner. There's a special camaraderie among bridge players that develops from the social setting and friendly competition. Even online, you can spend time playing bridge with friends — many players today are using a combination of Zoom and online bridge to stay connected.

**Bridge is fun!** Bridge will never bore you. There are more than 750 trillion possible hands, so you'll see something new every time you play. Its never-ending challenges will give you a feeling of accomplishment, win or lose.